



**BAREFOOT BERNIE'S
TROPICAL GRILL & BAR**
MP 4.5
3730 North Croatan Hwy.
Kitty Hawk, NC
(252) 261-1008
www.barefootbernies.com



BAREFOOT BERNIE'S TROPICAL GRILL & BAR

MENU SAMPLING

All Items and Prices are Subject to Change.

Dine In or Carry Out. Some items may only be available during certain business hours!
Lunch and Dinner Prices for certain items may vary. | Prices and availability subject to change.
Ask about our wonderful dessert selections and tropical drinks.

STARTERS

New England Clam Chowder Cup	3.99
Spinach and Artichoke Dip	8.99
Parrot Wings	9.99
Firecrackers	9.99
<i>Breaded chicken breast smothered in a spicy hot sauce.</i>	
Coconut Shrimp	8.99
Guacamole Del Cabo (Dinner Only)	8.99
<i>Fresh avocados made to order.</i>	
Hot Maryland Crab Dip	10.29
Ahi Tuna Bowl	9.99
Bang Bang Shrimp	9.99
Island Mac 'N Cheese	5.99
Loaded Cheesy Chips	8.99
Baja Chicken Egg Rolls	7.99
Gyros Nachos (Dinner only)	8.99
Triple Dip (Dinner only)	11.99
<i>Spinach dip, buffalo chicken & guacamole.</i>	
Kill Deviled Eggs	4.99
Smoked Fish Dip	8.99

SALADS

Caesar Salad	7.99
with Chicken	9.99
with Shrimp	10.99
with Steak	11.99
with Salmon	11.99
Santa Fe Chicken Salad	9.99
Crispy Chicken Salad	9.99
Asian Salad	Tuna 12.99
Chicken	9.99
Shrimp	11.99
Steak Cobb Salad	11.99
<i>With Blue Cheese Vinaigrette.</i>	
My Big Fat Greek Salad	8.99
BBQ Chicken Salad	9.99
<i>With BBQ Ranch dressing.</i>	
Grilled Salmon Salad	11.99
<i>Lunch only.</i>	
Bacon Cheeseburger Salad	10.99

SANDWICHES

All sandwiches served with French fries.

The "Bernie" Burger	8.99
<i>1/2 Lb of ground sirloin on a Kaiser roll.</i>	
Blackened Chicken Sandwich	8.99
Chipotle Ranch Chicken Wrap	8.99
<i>Lunch only.</i>	
Red Snapper Reuben (Lunch only)	11.99
Gyro Sandwich	8.99
<i>Lettuce, tomatoes, onions, and homemade tzatziki sauce wrapped in grilled pita.</i>	
Philly Cheese Steak	6" 8.99
Bernie Bros Sandwich (Lunch only)	9.99
<i>Carolina pulled pork BBQ topped with cole slaw and crispy fried onion rings in between Jalapeno corn bread.</i>	
Caribbean Crab Cake Sandwich	10.99
Cuba Q Sandwich	9.99
Mahi Mahi Sandwich	9.99
Italian Hoagie	6" 7.99
Chicken Parmesean	6" 7.99
"The Club" Sub	6" 8.29

LUNCH ENTREES

Tropical Chicken Chop	8.99
<i>Chopped blackened chicken breast over black beans, rice and homemade tomato salsa.</i>	
Cuban Style Steak	9.29
<i>With chimichurri sauce, black beans and rice.</i>	
Pub Style Fish & Chips w/Slaw	11.99
Open Faced Meatloaf Sandwich	8.99
Thai Lettuce Wraps	9.99
<i>Make a wrap with romaine lettuce, grilled chicken, julienne carrots, snow peas and asian sauces.</i>	
Fish Tacos	9.99
<i>Shredded Lettuce, cheddar cheese, salsa, cilantro, sour cream and flour tortillas.</i>	
Seafood Enchiladas	9.99
Catch In A Bag... Bernie's Favorite!	9.99
<i>Seasoned fresh catch and chopped vegetables baked in a parchment bag.</i>	

PASTA & GUMBO

Chicken Jambalaya	Lunch 8.99 Dinner 14.99
<i>Linguini noodles, chicken, andouille sausage, peppers and onions in a spicy Cajun cream sauce.</i>	
Littleneck Clam Linguine (Dinner Only)	15.99
<i>In white wine butter sauce.</i>	
Chicken & Shrimp Pad Thai	Lunch 8.99 Dinner 15.99
<i>Julienne carrots, snow peas, noodles, green onions, egg and peanuts with spicy Thai gooo sauce.</i>	
Penne Bolognese	13.99
<i>Ground beef, herbs, garlic and tomato sauce.</i>	
Fruit de Mar	16.99
<i>Shrimp, scallops, clams in creamy seafood sauce.</i>	
Seafood Gumbo	16.99
<i>Shrimp, scallops, chorizo sausage, fresh fish.</i>	
Margarita Shrimp Angel Hair	15.99

STEAMED SEAFOOD

Shrimp • Clams • Alaskan Snow Crab Legs

DINNER ENTREES

St. Lucia BBQ Chicken	14.99
<i>Tropical rum BBQ.</i>	
Cuban Style Steak	17.99
<i>Marinated steak topped with chimichurri sauce, black beans and rice.</i>	
South Pacific Tuna	17.99
Caribbean Crabcakes	20.99
Catch In A Bag	17.99
<i>Seasoned fresh catch and chopped vegetables baked in a parchment bag.</i>	
Ka Pow Shrimp and Chicken	15.99
<i>With julienne carrots, snow peas, green onions, jasmine rice and coconut curry sauce.</i>	
Pub Style Fish & Chips	14.99
Baby Back Ribs	13.99/22.99
<i>1/2 or whole rack</i>	
Scallops Charleston	17.99
<i>Baked with peppers, mushroom cream sauce, swiss cheese and panko bread crumbs.</i>	
Coconut Shrimp	16.99
<i>Coconut breaded and fried.</i>	

Jamaican Jerk Pork	15.99
<i>Sweet and spicy glazed pork shanks.</i>	
Pollo Loco Chicken	15.99
<i>Pepper & onions topped w/ melted queso cheese.</i>	
Honey Glazed Salmon	16.99
Jerk Mahi & Shrimp	17.99
<i>Jerk rubbed mahi & grilled shrimp w/ pineapple-mandarin orange glaze</i>	
Shrimp & Grits	15.99
<i>Jalapeno-cheddar grit cake & red-eye gravy.</i>	
Brazilian Steak Carnival	18.99
<i>Smothered in melted queso cheese, bacon, and green onions.</i>	
Chicken Health Stack	14.99

GOURMET PIZZAS

Bacon Cheeseburger, Hawaiian Punch, Seafood Sensation, The Mighty Meaty, Zorba The Greek, BBQ Chicken, Jimmy's Supreme and more

KIDS MENU

Prices 7.99 and under
Grilled Cheese Sandwich • Chicken Fingers
Penne Pasta with butter or tomato sauce
Small Cheese Pizza • Mini Hamburgers
Fish & Chips • Steak & Potatoes
Chicken & Vegetables

**TRY OUR
NEW UNDER 500
CALORIE
LEAN-A-LICIOUS
MENU**

**GLUTEN FREE
ITEMS AVAILABLE**

SEE OUR 10% OFFER IN THE OUTER BANKS GO GUIDE COUPON BOOK